

# **Boost Your Healing with Cold Laser Therapy**

We're excited to offer Cold Laser Therapy (Class 3) as an add-on to physical therapy sessions for just \$20! This advanced, non-invasive treatment enhances healing, reduces pain, and accelerates recovery—helping you get back to doing what you love, faster.

### What is Cold Laser Therapy?

Cold Laser Therapy, also known as Low-Level Laser Therapy (LLLT), uses light energy to stimulate cellular repair, improve circulation, and reduce inflammation. It's a painless treatment that supports natural healing, making it an excellent complement to physical therapy. Think of how the Sun stimulates the chlorophyll in plants. Our cells are of course different but Light energy does excite and align the cells, like the sun does for plants.

### **Benefits of Cold Laser Therapy in Physical Therapy**

- **▼ Reduces pain and inflammation** Great for arthritis, tendonitis, muscle strains, and post-surgical recovery.
- Speeds up tissue healing Helps repair muscles, ligaments, and nerves at a cellular level.
- Improves circulation Enhances blood flow to promote oxygen and nutrient delivery to injured tissues.
- Non-invasive and drug-free No downtime, no side effects—just healing!

#### **How Many Sessions Do You Need?**

For optimal results, most conditions benefit from **6-12 treatments**, depending on the severity of the injury and healing response. Cold Laser Therapy can be used **alone or in combination with physical therapy** to maximize your recovery.

## **Introducing Laser-Only Packages!**

Not currently in PT but still want the benefits of Cold Laser Therapy? We now offer **Laser-Only Packages** for targeted pain relief and recovery. **\$50 for a 30-minute session** (up to 3 areas)

Don't let pain slow you down! Whether you're recovering from an injury, managing chronic pain, or looking to enhance your physical therapy results, Cold Laser Therapy can help.

#### **ASK YOUR THERAPIST TODAY!**

OR

Book your session today! Call our Front Desk Schedulers at 844-328-5866